



## Seeing Joy Success Sheet

Instructions: This is a worksheet from Create Your Juicy Life to document your success in seeing Joy in each day. For a copy of the FREE ebook visit <http://www.OrangeSliceTraining.com/CreateYourJuicyLife>

### Your Intention

Ways I saw Joy today

Ways I saw Joy today

Ways I saw Joy today

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Ways I saw Joy today

Ways I saw Joy today

What do you notice about yourself this week after setting the intention to see Joy? Do any themes emerge? What do you want to do with this?