



100 Things that are Totally Juicy to Me

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Use the list you just created as a guide to start living your **Juicy Life**.

Pick a number at random and lean into that one. Either repeat it or go after it.

Don't be stified by how big – or out of reach the item on the list feels to you.

Ask yourself this, *“What’s one thing I could do today that would get this closer to me than it already is?”*

Then.

Go do that. (viola, you’re on your way to a Juicy Life!)

From the ebook,
Create Your Juicy Life
 by Jeff Stafford